



spa services

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To compliment the services provided in our Senza spa, we also offer a variety of rejuvenating treatments in the privacy of your own room. Please review the spa menu and call the spa directly on 855-253-6660 to make your appointment or if you prefer our concierge will be happy to assist you with making your appointment.

### SENZA SPA SERVICES

By FRANCIS & ALEXANDER

Senza Spa invites you to slow down, focus inward, indulge your senses, and allow your body and mind to enjoy the healing benefits of an enhanced Napa Valley experience. The Spa Services at Senza will touch and inspire all of your being.

Guided by the ideals and mission of the Hall family to create luxurious experiences that are connected to their Napa surroundings, Francis & Alexander infused each Senza Spa Service with the family's love of living vibrantly while appreciating and caring for the local environment. All spa products are vetted to meet the high standards of the Hall family tradition and ensure they are pure, effective, locally sourced, and friendly to your body and the planet.

### SENSORIAL BODYWORK

#### **The Preferred 60mm \$150 | 90mm \$225**

This customized service begins with a conversation with your therapist to discuss your massage preferences while you receive a grape seed foot infusion and scrub. Our highly trained body workers will employ a variety of massage techniques to achieve your desired results, and will offer you a choice of wellness oils.

#### **Trifecta 60mm \$150 | 90mm \$225**

Your therapist will skillfully combine hands, stones, and warm moist compresses to form the perfect trifecta massage that is rich in variety.

#### **Deep T 60mm \$150 | 90mm \$225**

A deep and targeted massage with a special deep tissue balm guides your body to release areas of tension. This massage is not recommended for inflamed areas or injuries.

#### **Mom's Buff 60mm \$150 | 90mm \$225**

Feel luxuriously soft after first receiving a grape seed buff for dry areas common during pregnancy and post pregnancy, and then having a special blend of oils applied to soothe the skin. You'll leave relaxed and pampered. Special pillows are used for comfort as needed.

#### **Feet & Hands 60mm \$150**

After a warm foot soak or hot towel wrap, your feet and hands will be massaged using a special treat from the HALL Winery.

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## SENZA BODY BLENDS

### **The Senza Spa Flight 90mm \$235**

#### *Foot soak & scrub/ scalp cleanse & condition/ massage*

Emerge transformed after trying our flight of spa services: foot soak and exfoliation, scalp cleanse and conditioning protein mask, and relaxing massage.

### **Gifts from the Vine 90mm \$235**

#### *Body buff/ body butter wrap /massage/mini-facial*

The gift starts with a body buff to remove surface skin cells that inhibit hydration. Next, your body is massaged with a lush rose petal body butter fortified with grape seed extract, then cocooned to receive the full benefit of the body butter. While wrapped, your face is treated to a lavender, rose, and honey enriched grape seed mini-facial. Additional massage completes the treatment.

### **Full Body Facial (available in treatment room only) 150mm \$390**

#### *Foot soak/body exfoliation/serum/massage/mini facial*

First allow your soul to catch up with your body while relaxing with a grape seed tea foot soak and exfoliation. Next your entire body is exfoliated then soothed with warm towel compresses soaked with Chardonnay wine and essential oils. A lavender and grape seed toner balances the skin before a body serum and moisturizer massage and wrap. While wrapped, a grape seed glow mini-facial completes the service. Exclusive organic products, sourced from the Napa Valley, are used for the entire treatment.

### **Men Only 60mm \$150**

We know you like to get to the point so here is what you get:

#### *Neck, shoulder, hand, and foot massage*

#### *Hot towel compress facial massage*

## ROMANCE

For romance, all Senza Spa treatment can be enjoyed together in our Couple's Room, on your private terrace, or in the privacy of your suite.

### **Senzate (for couple's only) 60mm \$165 | 90 mm \$245 per person**

A beautifully choreographed couple's massage, developed by Francis & Alexander, celebrates the spirit of Senza. Touches of Thai massage, Polarity and firm flowing strokes weave together to create a massage that increases circulation and enlivens the life-force. Return to your room with a locally brewed aphrodisiac elixir and a fun Q & A that may make your romance come even more alive.

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## **Radiant Facial Massage**

60 MINUTES - \$160 | 90 MINUTES - \$235 | 120 MINUTES - \$310

This facial massage treatment is designed to protect your skin from free radical damage, giving you a radiant glow using exclusive organic products sourced from the Napa Valley.

Cleanse, exfoliate, tone, moisturize, nourish, and protect your skin with antioxidant grape seed products. Shoulder, neck, hand, and foot massage are included.

This facial massage does not include extractions.

The 90 and 120-minute sessions incorporate a full body custom massage.

### **ADDITIONAL INFORMATION**

*Treatment hours are 8:00am to 8:00pm.*

*Reservation hours are 8:00am to 7:00pm.*

*Phone Number: 855-253-6660*

*Email: [spareservations@resource4spas.com](mailto:spareservations@resource4spas.com)*

**PREFERENCE:** Please specify your preference for a male or female therapist, if this is important to you. All of our therapists are highly trained professionals. Please notify us if you have any medical considerations or allergies.

**DRESS** to your level of comfort. We suggest you wear your robe to the spa treatment room. If this makes you uncomfortable, please feel free to wear whatever you prefer. You will be properly draped for entirety of your treatment(s).

**GRATUITY:** A 20% gratuity is added to all spa services. Gratuities are not prorated to reflect discounted pricing. You are welcome to adjust the gratuity by simply talking to the front desk staff upon check out.

**IN ROOM SERVICES:** In room services are an additional \$30 per treatment.

**CANCELLATION:** We know you would never want to cancel a spa treatment. However, if you must, we require a 24-hour notice for treatments under 2 hours, and a 48-hour notice for treatments that are either 2 hours or more or group bookings. For some groups a deposit is required. Late cancellations will result in a full charge.



# **WELLNESS**

## **FOR CANCER**